

# THE PANTRY

## Food Care | Coastlands Community Care



COASTLANDS  
COMMUNITY CENTRE

Coastlands Community Care opens their budget friendly food market to promote affordable food, essential care and nutrition.

### What is The Pantry?

The Pantry is a community pantry. It is a great place to shop for cost effective food, share recipes and have meaningful conversations. It is filled with generously donated items and groceries sourced from suppliers that help us keep the prices low for our Pantry Members.

### Why does The Pantry exist?

The cost of living is rising in Australia. It's understandable that people from all walks of life are looking for ways to make their budget go further. The Pantry is designed to help out with the food budget and create an important community connection point.

### Who can shop at The Pantry?

Each time we set up The Pantry we will often think about the living situation of people in single income or low income households, because we know the difference that a visit to The Pantry can make.

A common misconception is that you have to be in financial trouble to access a food care program like ours – you don't. We greatly encourage everyone to visit. We are a generous community who will always share what we have. We love the opportunity to meet with locals and make new friends - so don't be shy.

### How does it work?

#### 1. Become a member of The Pantry

For just \$2 you will receive a six month membership to The Pantry with the option to renew.

#### 2. Select your groceries

Choose from a range of low-cost healthy foods and other necessities.

#### 3. Sit down and have break

You're welcome to stay for a tea or coffee or a light snack. Our volunteers like to share recipe ideas, and talk about life. Kids can enjoy a bit of play time.

#### 4. Give us your feedback

Your feedback is important to us. It will inform us on what we do well and what can be improved. Feedback forms are available at The Pantry.

**Autumn/Winter open dates** | Wednesday 1 & 15 May, 5 & 19 June, 3 & 17 July, 7 & 21 August

**Time** | 9.30am-12pm

**Cost** | \$2 membership fee, renewable every six months

**Location** | Coastlands Community Centre, 528-530 Brighton Road, Brighton SA 5048

**Contact** | 08 8410 0745 Tuesday to Friday or email [community@coastlands.org.au](mailto:community@coastlands.org.au)

## Additional information and FAQs

### Membership

You will be asked to become a Pantry member. This is so we can keep in touch with you, and also meet our obligations as a charity organisation. It is important for us to be accountable to those who support The Pantry through donations. The \$2 membership covers individuals and families.

### What personal information do I need to provide?

We will need to collect some minimum personal details such as your name and contact details. A copy of our privacy policy is on our website at [coastlands.org.au/privacy-policy](http://coastlands.org.au/privacy-policy).

### Do I need to disclose my financial situation?

We will never ask you to disclose your financial situation. Some people like to share their experiences with us, but this is completely voluntary.

### Subscription to Coastlands Community News

We like to keep you updated on our news and programs so we will subscribe you to our email newsletter, but you may opt-out at any time.

### What if I have more questions?

We'd love to answer any questions you may have. Please contact us for a discussion with one of our friendly Food Care representatives.

## ABOUT COASTLANDS COMMUNITY CARE

Coastlands Community Care is a community engagement initiative of the Coastlands Church community, a not-for-profit group who has a passion for building strong communities. They dedicate their passion, time and skills to help deliver three key community initiatives - **Food Care, Life Skills and Community Connect**. They host many events, programs and services at the Coastlands Community Centre, which opened in September 2018 and is quickly becoming a thriving community hub.

## ABOUT FOOD CARE

### A program dedicated to affordable food provision and food education.

The Food Care team recognise the need to support families and individuals with affordable food provision and food education. At times the Coastlands Community Centre will be transformed into a distribution hub for food and basic necessities. A team of caring people will arrange a selection of free and low-cost healthy foods, so people can prepare meals at home and share with their loved ones. They love to make people feel valued and connected, so there will always be time to share a coffee and a conversation.

### For more information please contact us

[Community@coastlands.org.au](mailto:Community@coastlands.org.au) | 08 8410 0745 | [Coastlands.org.au](http://Coastlands.org.au)  
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